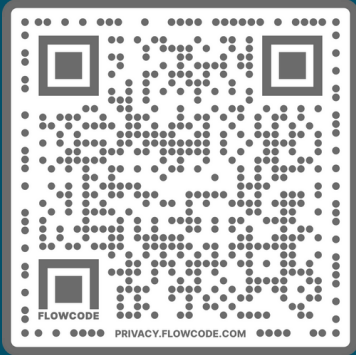


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DND COUNSELING PRESENTS



# NEXT LEVEL PARENTING

## 6 WEBINARS FOR PARENTS OF KIDS WITH BIG FEELINGS

Parenting kids with intense emotions and challenging behavior is an exhausting journey. We want to equip parents with a framework that strengthens relationships and helps each family member to improve their capacity to recognize and respond to their needs. Join us virtually for these 6 webinars designed to help parents increase connection and improve family dynamics! Each webinar will focus on a different topic and will include a time for Q&A.

**Mondays from 7-8PM**

**\$35 per family, per webinar OR \$175 for all 6**

**February 19:** Shifting Your Parenting Framework

**February 26:** Parents Have Needs Too!

**March 4:** Resetting Developmental Expectations

**\*\* March 18:** Anger and Explosive Behavior

**March 25:** Realistic and Effective Boundaries

**April 1:** Open Q&A Forum

**\*\*Webinar skips a week to avoid Spring Break\*\***

Contact Lauren Erickson, LPC at

[lauren@dndcounseling.com](mailto:lauren@dndcounseling.com) for more details!