TEACHER SUPPORT GROUP



FEELING BURNT OUT? EXHAUSTED?

OVERWHELMED BY THE SCHOOL YEAR?

TEACHERS EMBODY SO MANY ROLES EVERY DAY WORKING WITH KIDS, COWORKERS, PARENTS, AND ADMINISTRATORS.
THROUGHOUT THE SCHOOL YEAR, THERE IS HARDLY ANY TIME TO PROCESS THAT LOAD.

COME AND RECEIVE SUPPORT OVER THE SUMMER TO PROCESS YOUR EXPERIENCE WHILE GAINING TOOLS FOR LONG TERM SUSTAINABILITY.

Wednesdays in June and July*
8:15AM-9:45AM
\$50 per group OR \$325 for all 8
13625 Pond Springs Rd. Suite 202

Contact Lauren Erickson, LPC to schedule a screening at lauren@dndcounseling.com

*No group on July 3rd